

# DRUMMING WORKSHOP

**Drumming** is a new exciting approach to teambuilding, pioneered in the USA, where drumming as a means of fostering healthy communication between team members is established so well that, for example, Toyota now have a permanent 'drumroom' facility. The approach is growing rapidly in the UK.

**What happens** - a 'drum orchestra' is set up (chairs are set out in concentric circles with a drum or percussion instrument on each); participants are invited to choose an instrument and begin playing. Everyone makes up something to fit what everyone else is doing. The total sound is the sum total of everyone's contributions. A leader steps into the centre and starts to shape the sound.

**What is the point** - human beings do not necessarily work well within a team just because they are good at 'the job'. Skills around listening, watching and responding are vital. People who can build up others around them to produce 'best performance and even better' are worth their weight in gold to an organisation. The ability for people to work 'with each other and for each other' is the oxygen of an organisation. Without it the organisation suffocates to death. All these dynamics can be explored within the **drum orchestra**.



**Our Drum** facilitators are trained to work with a group so that:

success is experienced by everyone and everyone can feel part of that success

sessions are fun and learning happens within that environment

everyone leaves with insight into their own contribution to the team process

**In this situation, teams will visit the drum workshop area and learn a particular beat rhythm. When all teams have returned back to HQ, a collective drumming session will take place embracing all the different beat rhythms to create one magnificent sound. The winning team will the correct code will be invited to open the safe, against the background of Drumming!!**